

PRAYER FOR HEALING AND *Peace*

Almighty God,
you call us into a common
fellowship of solidarity and
peace; draw nearer to us as we
acknowledge the inherited trauma
of the years of conflict caused by the
troubles in Northern Ireland. As we
reflect on the horrors of conflict and
division, may you move us always
to work for peace and justice in this
country and beyond and enable us to
heal troubled memories and divisions
of the past; this we ask through
the Prince of Peace, Jesus
Christ our Lord.

Amen

*This prayer is provided by
the Liturgical Advisory Committee*

Liturgical Resource

To assist clergy in ministering to those affected by the Troubles, the Church and Society Commission, and the Liturgical Advisory Committee have published a 'Service of the Word acknowledging the trauma of the Troubles on the island of Ireland' which is available at www.churchofireland.org/prayer-worship

Trauma Informed Pastoral Care

The first step is to be trauma aware. To listen, notice, and acknowledge the trauma within society and to allow victims to talk openly about the pain and suffering they have and continue to endure. The Commission has liaised with Revd Dr William Olhausen to introduce training on *trauma informed pastoral care* as part of the Continuing Ministerial Education programme. Such training will be a useful skill for all Curates, and those who feel they require more understanding in how best to care for those dealing with trauma.

Other Resources

Karen A. McClintock, *Trauma-Informed Pastoral Care: How to Respond When Things Fall Apart*

A Call for Continued Healing and Peace

As we – as a church and society – move forward, we remain committed to walking with those who are suffering and to fostering a society where healing, peace, and justice can prevail. It is through collective efforts and shared compassion that true healing can begin.

21st June is marked each year by groups and individuals to reflect upon and acknowledge the hurt and loss of the Troubles; to remove the burden on those who live with consequences of the conflict, to reflect on our own attitudes, and to commit that such loss should never be allowed again www.dayofreflection.com

*If you would like to contact the Church
and Society Commission directly,
please email: casc@rcbcoi.org*

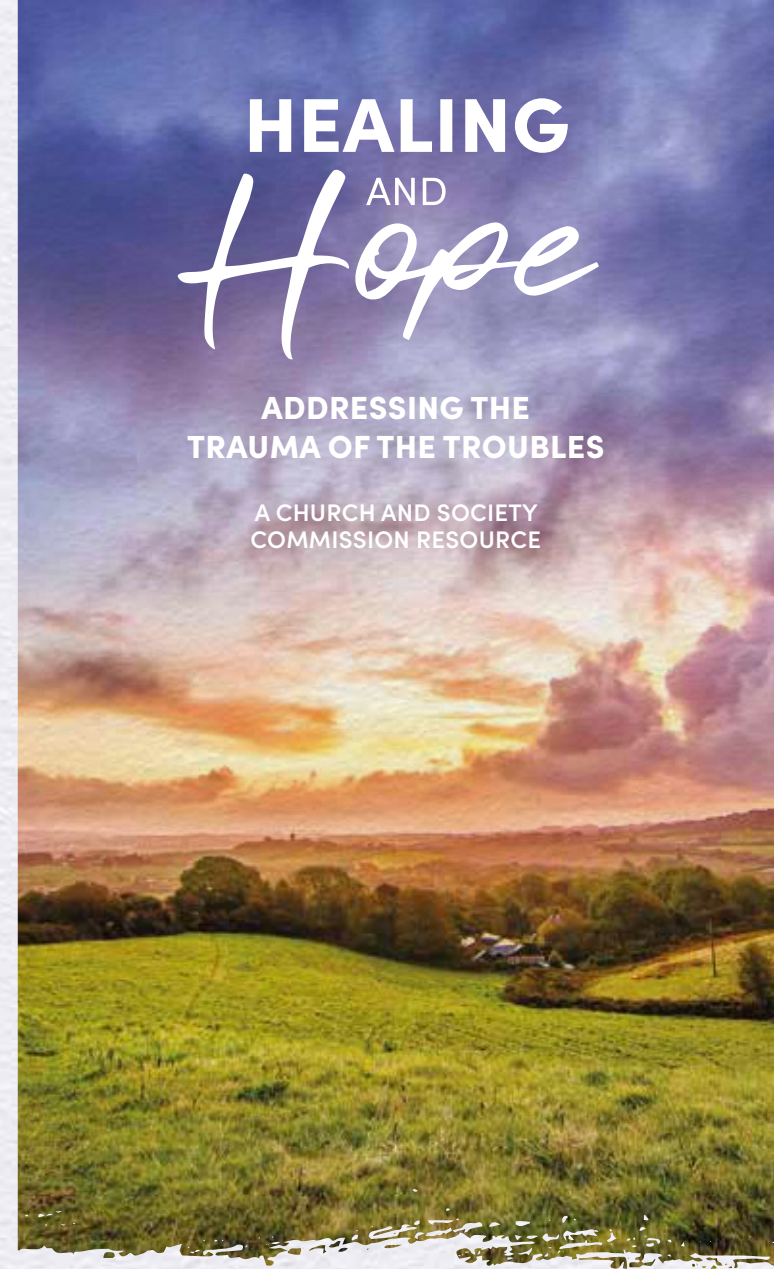


The Church and Society Commission (CASC) is an advisory group serving the Standing Committee of the General Synod. CASC's views only become representative of the Church of Ireland after being approved by its General Synod. The Representative Church Body is a registered charity and the trustee body for the Church of Ireland. Reg Charity No: 20003623 CHY2900.

HEALING AND *Hope*

ADDRESSING THE TRAUMA OF THE TROUBLES

A CHURCH AND SOCIETY
COMMISSION RESOURCE



**Church & Society
Commission**

RECOGNISING THE IMPACT OF

Trauma

"The Church and Society Commission recognise the violence, intimidation and loss during the Troubles. The impact of this goes beyond the immediate pain, leaving individuals and families with emotional and psychological trauma that can cause pain to this day in the lives of those impacted."

As time passes, some may feel this lingering pain should ebb and that painful memories and emotions should fade. However, this is not everyone's experience. We seek a way to encourage real healing, and we must find a healthy way to remember."

+ Michael, Archbishop of Dublin
Chair, Church and Society Commission

Church as a place of Solace and Healing

As a community of faith, we seek to walk with and care for all who journey through the effects of trauma. We encourage gentle steps towards healing and peace through the appropriate support structures, whilst always assuring people that they are not alone and that there is help available.

"Nobody really knows until they have walked in your shoes just the impact that it does have. How it destroys more than one life that has been taken - it destroys countless other lives. Sometimes you find that your life's put on hold in many ways because you're trying to fulfil roles that you weren't intended to have to fill."

"Twenty years from the day that my father was murdered I still really struggled to say his name."

Support for Victims and Survivors

There are several organisations dedicated to providing support for individuals affected by the Troubles:

Victims and Survivors Service

Offers support to victims and survivors of the conflict, including practical assistance, counselling, and referrals to other services.

Tel: 028 (048 from Rol) 9027 9100

Web: www.victimsservice.org

INSPIRE

Offers mental health services and counselling, with a focus on supporting individuals affected by historical trauma.

Tel NI: 028 (048 from Rol) 9032 8474

Email: hello@inspirewellbeing.org

Web: www.inspirewellbeing.org

Regional Trauma Network (RTN)

Provides counselling, trauma recovery programmes, and emotional support for those affected by the Troubles in Northern Ireland.

Web: online.hscni.net/partnerships/regionaltraumanetwork

WAVE - Trauma Centre

WAVE is the largest cross community victims' and survivors' group in Northern Ireland, with five centres and 15 satellite projects, spread across the country.

Tel: 028 (048 from Rol) 9077 9922

Email: adminhq@wavetrauma.org

Web: www.wavetraumacentre.org.uk

South East Fermanagh Foundation (SEFF)

SEFF has staff located across Northern Ireland providing the core support needed by victims and survivors of terrorism.

Tel: 028 (048 from Rol) 6772 3884

Email: info@seff.org.uk

Web: www.seff.org.uk

Other Resources

Healing Through Remembering

Promotes a focus on memory work, storytelling/ personal narrative and the Day of Reflection as tools for personal and collective healing.

Email: admin@healingthroughremembering.org

Web: www.healingthroughremembering.org

The Irish Council of Churches

The Irish Council of Churches was founded in 1923 in the aftermath of the Civil War and is the formal national body through which its member churches formally engage, dialogue and act on a wide variety of issues.

Tel: 028 (048 from Rol) 9066 3145

Email: info@irishchurches.org

Web: www.irishchurches.org

The Glencree Centre for Peace & Reconciliation

The Glencree Centre for Peace & Reconciliation works with individuals and groups to transform conflict, promote reconciliation, encourage healthy relationships and build sustainable peace.

Tel: +353 (01) 282 9711 Email: info@glencree.ie

Web: www.glencree.ie

Corrymeela Community

The organisation was founded in 1965 to help individuals and communities suffering through the violence of the Northern Irish conflict. Corrymeela has undertaken many initiatives under its Legacies of Conflict programme that seeks to address past violence and understand its influence on the present.

Tel: 028 (048 from Rol) 2076 2626

Email: welcome@corrymeela.org

Web: www.corrymeela.org

CVSNI - Commission for Victims and Survivors for Northern Ireland

The work of CVSNI is categorised under three overarching and interlinked areas - addressing the past, effective service provision, and building towards a better and more reconciled future.

Tel: 028 (048 from Rol) 9031 1000

Email: commission@cvsni.org Web: www.cvsni.org